



Revised: 11-20-19

Multi-State Overview of the Interventions that States Plan to Include in their FFPSA Prevention Plan and the Intervention Technical Reviews that Are Being Planned¹

Document Overview

The FFPSA Clearinghouse has evaluated a total of 12 interventions thus far – and only 7 have been rated as well-supported.² In response, some states are contracting for technical reviews of one or more interventions that they want to use in their state FFPSA plan that have not yet been rated by the Clearinghouse. This document provides information about two areas:

- (1) Which states are planning to have someone do an independent technical review of an intervention, and who are they asking to do that review.
- (2) The interventions that states plan to include in their FFPSA plan.

Note that this is a very dynamic situation, and states are updating their plans and technical review choices. We will publish updates of this summary frequently to keep this accurate.

¹For more information about this summary please contact Peter J. Pecora in Research Services, Casey Family Programs. E-mail: PPecora@casey.org Phone: 206-270-4936.

² See <https://preventionservices.abtsites.com/>

Table 1. Technical Reviews of Interventions that States Plan to Conduct

State	Interventions Being Reviewed (Lead Reviewers Known at this Time)
Arkansas	<p><i>All EBPs are being reviewed by the National Council on Crime and Delinquency (NCCD):</i></p> <ul style="list-style-type: none"> • Family-Centered Treatment • Nurturing Families of Arkansas (Nurturing Parenting) • Strengthening Families • Youth Villages Intercept <p>Note that Arkansas plans to include SafeCare in their state FFPSA plan, and will reference the technical review coordinated by Casey Family Programs for Iowa and Utah.</p>
Colorado	<p>(Reviewers TBD. Contact Elysia Clemens, Colorado Evaluation Lab at the University of Denver)</p> <ul style="list-style-type: none"> • Colorado Community Response • High Fidelity Wraparound • SafeCare (CO will reference the technical review coordinated by Casey Family Programs for Iowa and Utah)
Iowa	<ul style="list-style-type: none"> • SafeCare (Casey Family Programs: Peter J. Pecora; University of Pennsylvania: Antonio Garcia)
Kentucky	<p><i>All EBPs are being reviewed by the Public Consulting Group (PCG):</i></p> <ul style="list-style-type: none"> • 1-2-3 Magic • Cognitive Behavioral Therapy (CBT) • Homebuilders • Sobriety Treatment and Recovery Team (START)
Nebraska	<ul style="list-style-type: none"> • Family Centered Treatment – FCT³ (<i>The Stephen's Group</i>)

³Nebraska currently has a contract for Family Centered Treatment, and it will be included with the transitional payments documentation in their plan.

State	Interventions Being Reviewed (Lead Reviewers Known at this Time)
Utah	<p>After the SafeCare technical review is submitted, Utah is contracting with the Social Research Institute at the University of Utah to conduct the remaining independent systematic reviews. The services they want to review next are these (in order of priority):</p> <ul style="list-style-type: none"> • SafeCare (Casey Family Programs: Peter J. Pecora; University of Pennsylvania: Antonio Garcia) With Iowa's permission, Utah plans to include SafeCare in their state FFPSA plan resubmission by January, and will include the technical review originally requested by Iowa and coordinated by Casey Family Programs. • Seeking Safety (Tentative - This is on the Clearinghouse list, so Utah leaders are considering whether to review it.) • Acceptance and Commitment Therapy (ACT) • Dialectical Behavioral Therapy (DBT) • Helping Women Recover / Helping Men Recover • High Fidelity Wraparound

Interventions that States Plan to Include in their FFPSA Prevention Plan

In Table 2 we identify which interventions states plan to include in their FFPSA plan. States for which we have data about planned interventions or that they have affirmed that they have not yet decided include: Arkansas, California, Colorado, Connecticut, District of Columbia, Georgia, Kentucky, Michigan, Minnesota, Missouri, Montana, Nevada, New Jersey, Ohio, Oregon, Pennsylvania, Texas, South Carolina, Utah, Washington, Washington DC, West Virginia, and Wyoming. In Table 2 to have space for the intervention names, we have omitted columns for Alabama, Alaska, Arizona, California, and Connecticut until they are farther along in their planning process. Note that California is polling its Title IV-E Waiver counties for input but has not yet made a decision about what interventions it will include in its state FFPSA plan.

Table 2. Interventions that States Plan to Include in their FFPSA Prevention Plan

FFPSA Clearinghouse Rating: *Promising; **Supported; *Well-Supported; +Does not currently meet criteria**
Program Areas: PSB: Parent Skill-Based, MH: Mental Health, SA: Substance Abuse Treatment, KN: Kinship Navigator

EBP	Service Type	Arkansas	Colorado	DC - District of Columbia	Delaware =	Florida	Georgia	Hawaii	Idaho	Illinois	Indiana	Iowa	Kansas	Kentucky	Louisiana	Maine	Maryland =	Massachusetts	Michigan	Minnesota	Missouri	Montana	Nebraska	Nevada	New Hampshire	New Jersey	New Mexico	New York	North Carolina	North Dakota	Ohio	Oklahoma =	Oregon	Pennsylvania	Rhode Island	South Carolina	South Dakota	Tennessee	Texas	Utah	Vermont	Virginia	Washington State	West Virginia	Wisconsin	Wyoming
State has affirmed that they not far enough along in their planning to identify EBPs at this time.																														X			X													X
123 Magic: Effective Discipline for Children	PSB													X								X		X																						
3-5-7 Model																								X																						
Acceptance and Commitment Therapy (ACT)	MH																					X ₄																		X ₅						
Active Parenting 4 th Edition																						X																								
Adolescent Community Reinforcement Approach (A-CRA)				X																																										
All Babies Cry																						X																								

⁴ Montana uses this specific program name: Acceptance and Commitment Therapy (ACT) – Raising Safe Kids

⁵Utah may add this intervention through an amendment to their state plan after the FFPSA Clearinghouse rating has been designated.

EBP	Service Type	Arkansas	Colorado	DC - District of Columbia	Delaware =	Florida	Georgia	Hawaii	Idaho	Illinois	Indiana	Iowa	Kansas	Kentucky	Louisiana	Maine	Maryland =	Massachusetts	Michigan	Minnesota	Missouri	Montana	Nebraska	Nevada	New Hampshire	New Jersey	New Mexico	New York	North Carolina	North Dakota	Ohio	Oklahoma =	Oregon	Pennsylvania	Rhode Island	South Carolina	South Dakota	Tennessee	Texas	Utah	Vermont	Virginia	Washington State	West Virginia	Wisconsin	Wyoming
Coping CAT therapy-anxiety/depression	MH																						X																							
Effective Black Parenting Program (EBPP)	PSB			X																			X																							
Eye Movement Desensitization and Reprocessing (EMDR)	MH																					X																								
Families Facing the Future**																																														
Families First	PSB																		X																											
Family Based Recovery	PSB, SA																									X																				
Family Centered Treatment	MH	X		X ₆				X			X																																			
Family Spirit	PSB																				X																									
Family Reunification Program																			X																											

⁶ Washington D.C calls this the Family-Centered Treatment - St. Francis program.

[illegible]

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Motivational Interviewing +	MH, SA	X		X							X			X							X		X	X														X ₇			X							
Multi-Systemic Therapy (MST) ***	MH, SA	X ₈	X	X			X							X					X		X	X	X	X		X															X	X						
MST-CAN+	MH																																															
Nurse-Family Partnership (NFP) ***	PSB		X								X								X		X	X		X		X															X	X						
Nurturing Parent Program (NPP) +	PSB	X ₉		X			X				X										X	X		X																								
Parent Mgt Training (PMT)	PSB																							X																								
Parent-Child Interaction Therapy (PCIT) ***	MH	X	X	X										X					X		X	X	X	X																X		X	X					
Parenting a Second Time Around	PSB																					X																										
Parents as Teachers (PAT) ***	PSB		X	X			X												X		X		X			X														X		X	X	X				

⁷ Utah may add this intervention through an amendment to their state plan after the FFPSA Clearinghouse rating has been designated.

⁸ Arkansas currently uses the Intercept version of MST. They are considering using MST as it is licensed but not currently being provided in the state via Youth Villages.

⁹ NPP is called *Nurturing Families of Arkansas* in Arkansas. See <https://humanservices.arkansas.gov/about-dhs/dcfs/programs-services> and <https://www.nurturingparenting.com/news/news.i?cmd=view&newsid=63>

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Project Connect	SA			X																																											
Recovery Coaches (CT Center for Addiction & Recovery (CCAR) certif	SA			X																				X																							
SafeCare	PSB	X ₁₀	X				X					X							X			X		X															X ₁₁			X					
Seeking Safety	SA						X																																X								
Sobriety Treatment and Recovery Teams (START)	PSB, SA													X					X					X																							
Solution Based Casework	MH						X					X																																			
Solution Focused Brief Therapy	MH, SA																							X																							
Strengthening Families	PSB	X																						X																							
Substance abuse CBT	SA																							X																							

¹⁰ Arkansas plans to continue to use SafeCare – where 100% of the costs are paid by Medicaid through June 2020.

¹¹ Utah may add this intervention through an amendment to their state plan after the FFPSA Clearinghouse rating has been designated.

State Intervention Planning Notes

- **Arkansas:** Most of these EBPs will be implemented in phases.
- **Hawaii:** State leaders will review whatever services are submitted through Clearinghouse current “Call for Services” and will further use those as guideline on how to proceed with Services assessment
- **Kentucky:** Interventions are those that were listed on their submitted FFPSA plan.
- **Nebraska Additional Interventions:** Nebraska did a Request for Qualifications (RFQ) and these are the providers’ proposed models that scored sufficiently but they are in the process of putting out an addendum to notify these providers that based on the Transitional Payments PI, that in order for the state to contract with them they need to provide the information as required in the recent ACYF Program Instruction. Then the plan as of now is to have the consulting group do the independent review of the program. Nebraska will only include the program in their plan if the provider submits the required PI documentation and their independent review supports the program rating, with the exception of Family-Centered Treatment.

<ul style="list-style-type: none">▪ Cognitive Behavior Therapy (CBT)▪ Acceptance Commitment Therapy▪ Cognitive Processing Therapy▪ Eye movement desensitization and reprocessing (EMDR)▪ Common Sense Parenting	<ul style="list-style-type: none">▪ Homebuilders▪ Motivational Interviewing (MI)▪ Child Parent Psychotherapy (CPP)▪ Family Centered Treatment (FCT) – NE currently has a contract for this program and it will be included with the transitional payments documentation in their FFPSA plan
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- **New Jersey:** These are interventions that they are already using and have been using prior to FFPSA. Due to Medicaid-related FFPSA news released recently the state is in the process of considering additional models.
- **Virginia:** At this time, VA does not plan to do any technical reviews of evidence-based programming for the state
- **Washington DC:** Interventions are those that were listed on their FFPSA plan that was just approved by the Children’s Bureau.
- **Washington State:** State leaders also have plans to undertake additional Evidentiary Review (as specified in the Transitional Payment PI) and submit an expanded list, hopefully by next Spring. They chose their initial list primarily based on EBPs that they already have contracts for, and have some level of supportive infrastructure in place, in addition to having been reviewed or under review by the Clearinghouse.