



**Revised: 2-11-20b**

## **Multi-State Overview of the Interventions that States Plan to Include in Their Family First Prevention and Services Act State Plan and the Intervention Technical Reviews that Are Being Planned<sup>1</sup>**

### **Document Overview**

The FFPSA Clearinghouse has evaluated a total of 13 interventions thus far – and 7 have been rated as well-supported.<sup>2</sup> In response, some states are contracting for technical reviews of one or more interventions that they want to use in their state Family First Prevention and Services Act (FFPSA) plan that have not yet been rated by the Clearinghouse. This document provides information about two areas:

- (1) Which states are planning to have someone conduct an independent technical review of an intervention, and who are they asking to do that review.
- (2) The interventions that states plan to include in their FFPSA plan.

Note that this is a very dynamic situation, and states are updating their plans and technical review choices. We will publish updates of this summary frequently to keep this as accurate as possible.

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<sup>1</sup>For more information about this summary please contact Peter J. Pecora in Research Services, Casey Family Programs. E-mail: [PPecora@casey.org](mailto:PPecora@casey.org) Phone: 206-270-4936.

<sup>2</sup> See <https://preventionservices.abtsites.com/> and <https://preventionservices.abtsites.com/program>

**Table 1. Technical Reviews of Interventions that States Plan to Conduct**

State	Interventions Being Reviewed (Lead Reviewers Known at this Time)
<b>Arkansas</b>	<p><i>All EBPs are being reviewed by the National Council on Crime and Delinquency (NCCD):</i></p> <ul style="list-style-type: none"> <li>• Family-Centered Treatment (This technical review has been approved by ACYF, with FCT being rated as Well-Supported.)</li> <li>• Nurturing Families of Arkansas (Nurturing Parenting)</li> <li>• Strengthening Families</li> <li>• Youth Villages Intercept</li> </ul> <p>Note that Arkansas plans to also include SafeCare in their state FFPSA plan, and will reference the technical review coordinated by Casey Family Programs for Iowa and Utah.</p>
<b>Colorado</b>	<p>(Reviewers TBD. Contact Elysia Clemens, <i>Colorado Evaluation Lab at the University of Denver</i>)</p> <ul style="list-style-type: none"> <li>• Colorado Community Response</li> <li>• High Fidelity Wraparound</li> <li>• SafeCare (CO will reference the technical review coordinated by Casey Family Programs for Iowa and Utah)</li> </ul>
<b>Iowa</b>	<ul style="list-style-type: none"> <li>• SafeCare (<i>Casey Family Programs: Peter J. Pecora; University of Kentucky: Antonio Garcia, The Analysis Factor: Audrey Schnell</i>)</li> </ul>
<b>Kentucky</b>	<p><i>All EBPs are being reviewed by the Public Consulting Group (PCG):</i></p> <ul style="list-style-type: none"> <li>• 1-2-3 Magic</li> <li>• Cognitive Behavioral Therapy (CBT)</li> <li>• Homebuilders</li> <li>• Sobriety Treatment and Recovery Team (START)</li> </ul>
<b>Nebraska</b>	<ul style="list-style-type: none"> <li>• Family Centered Treatment – FCT<sup>3</sup> (<i>The Stephen's Group</i>)</li> </ul>

<sup>3</sup>Nebraska currently has a contract for Family Centered Treatment, and it will be included with the transitional payments documentation in their plan.

State	Interventions Being Reviewed (Lead Reviewers Known at this Time)
Utah	<p>Utah is contracting with the <i>Social Research Institute at the University of Utah</i> to conduct most of the independent systematic reviews. With Iowa's permission, Utah plans to include SafeCare in their state FFPSA plan resubmission in February, and will include the technical review originally requested by Iowa and coordinated by <i>Casey Family Programs</i>. In that plan Utah will also include a technical review for Seeking Safety. To re-cap, these are the completed technical reviews to be submitted in February:</p> <ul style="list-style-type: none"> <li>• SafeCare (<i>Casey Family Programs: Peter J. Pecora; University of Kentucky: Antonio Garcia, The Analysis Factor: Audrey Schnell</i>)</li> <li>• Seeking Safety (<i>Social Research Institute at the University of Utah</i>)</li> </ul> <p>The services Utah plans to review next are these (in order of priority):</p> <ul style="list-style-type: none"> <li>• Acceptance and Commitment Therapy (ACT)</li> <li>• Dialectical Behavioral Therapy (DBT)</li> <li>• Helping Women Recover / Helping Men Recover</li> <li>• Family Spirit (This is being considered for technical review but a decision to proceed has not yet been made.)</li> <li>• High Fidelity Wraparound (Utah will work from the Colorado technical review results.)</li> </ul>

### Interventions that States Plan to Include in Their FFPSA Prevention Plan

In Table 2 we identify which interventions states plan to include in their FFPSA plan. The jurisdictions that we have FFPSA intervention information for are these: Alaska, Arkansas, Colorado, District of Columbia, Georgia, Kentucky, Michigan, Montana, Nebraska, Nevada, New Jersey, Texas, South Carolina, Utah, Virginia, Washington, Washington DC, and West Virginia. Note that not all of these jurisdictions have formally submitted their FFPSA plans to the Federal government. In this edition of the summary we include about eight American Indian-focused interventions that were included in the Alaska FFPSA state plan, which was recently submitted to the U.S. Children's Bureau. Washington State plans to have one or more technical reviews conducted on a small set of interventions tailored for American Indian families.

The District of Columbia (Washington DC) also included in its plans the following interventions that need further evaluation but that they see as effective for their families: Mobile Stabilization Services (MSS), Certified Peer Specialists, Family Peer Coaches - Strengthening Family Coping Resources (SFCR),<sup>4</sup> C.A.S.E. - Center for Adoption Support and Education, Adoptions Together, and The Association for Successful Parenting (TASP): Successful Parenting DC<sup>5</sup>

States that have affirmed that they have not yet decided which interventions will be included in their plan are these: California, Connecticut, Minnesota, Missouri, Ohio, Oregon, Pennsylvania and Wyoming. In Table 2 to have space for the intervention names, we have omitted columns for Alabama, Arizona, California, Connecticut and Idaho until they are farther along in their planning process. Note that California is polling its Title IV-E Waiver counties for input but has not yet made a decision about what interventions it will include in its state FFPSA plan.

<sup>4</sup> Family Peer Coaches Program (Certified Family Peer Specialists) group classes use the Strengthening Family Coping Resources (SFCR) Model. Staff are Certified Peer Specialists trained by DC Department of Behavioral Health.

<sup>5</sup> For more information about The Association for Successful Parenting (TASP), see: <http://achancetoparent.net/dc-project/>

**Table 2. Interventions that States Plan to Include in their FFPSA Prevention Plan**

**FFPSA Clearinghouse Rating: \*Promising; \*\*Supported; \*\*\*Well-Supported; +Does not currently meet criteria**  
**Program Areas: PSB: Parent Skill-Based, MH: Mental Health, SA: Substance Abuse Treatment, KN: Kinship Navigator**

EBP	Service Type																																																	
		Alaska	Arkansas	Colorado	DC - District of Columbia	Delaware =	Florida	Georgia	Hawaii	Illinois	Indiana	Iowa	Kansas	Kentucky	Louisiana	Maine	Maryland =	Massachusetts	Michigan	Minnesota	Missouri	Montana	Nebraska	Nevada	New Hampshire	New Jersey	New Mexico	New York	North Carolina	North Dakota	Ohio	Oklahoma =	Oregon	Pennsylvania	Rhode Island	South Carolina	South Dakota	Tennessee	Texas	Utah	Vermont	Virginia	Washington State	West Virginia	Wisconsin	Wyoming				
State has affirmed that they not far enough along in their planning to identify EBPs at this time.																															X			X													X			
123 Magic: Effective Discipline for Children	PSB													X								X		X																										
3-5-7 Model																								X																										
Acceptance and Commitment Therapy (ACT)	MH																					X <sub>6</sub>																			X <sup>7</sup>									
Active Parenting 4 <sup>th</sup> Edition																						X																												
Adolescent Community Reinforcement Approach (A-CRA)					X																																													
All Babies Cry																						X																												

<sup>6</sup> Montana uses this specific program name: Acceptance and Commitment Therapy (ACT) – Raising Safe Kids

<sup>7</sup>Utah may add this intervention through an amendment to their state plan after the FFPSA Clearinghouse rating has been designated.



EBP	Service Type	Alaska	Arkansas	Colorado	DC - District of Columbia	Delaware =	Florida	Georgia	Hawaii	Illinois	Indiana	Iowa	Kansas	Kentucky	Louisiana	Maine	Maryland =	Massachusetts	Michigan	Minnesota	Missouri	Montana	Nebraska	Nevada	New Hampshire	New Jersey	New Mexico	New York	North Carolina	North Dakota	Ohio	Oklahoma =	Oregon	Pennsylvania	Rhode Island	South Carolina	South Dakota	Tennessee	Texas	Utah	Vermont	Virginia	Washington State	West Virginia	Wisconsin	Wyoming
Coping CAT therapy-anxiety/depression	MH																						X																							
Cultural Camps																																														
Effective Black Parenting Program (EBPP)	PSB				X																			X																						
Eye Movement Desensitization and Reprocessing (EMDR)	MH																						X																							
Families Facing the Future**																																														
Families First	PSB																		X																											
Family Based Recovery	PSB, SA																									X																				
Family Centered Treatment®	MH	X		X <sub>9</sub>				X		X													X																							
Family Spirit	PSB																				X																									

<sup>8</sup> Family Centered Treatment was just rated as Well-Supported as part of the Federal review of the Arkansas prevention plan, using a technical review process.

<sup>9</sup> Washington D.C calls this the Family-Centered Treatment - St. Francis program.

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Family Reunification Program																			X																														
Fatherhood is Sacred <sup>10</sup>	PSB	X																																															
Fostering Relationships																								X																									
Functional Family Therapy (FFT) ***	MH	X	X	X	X			X	X					X					X		X	X	X	X		X															X		X	X	X				
Georgia's Kinship Navigator Program	KN							X																																									
Healthy Families America (HFA) ***	PSB			X	X			X			X								X		X		X	X		X																		X		X			
Healthy Relationships (Alaska Native Wellness Institute)	MH	X																																															
Helping Women Recover & Beyond Trauma	MH							X																																									

<sup>10</sup>The Native American Fatherhood and Families Association (NAFFA) in Alaska created and designed this program for fathers using a Native American approach. The goal of the program is to strengthen families through responsible parenting. NAFFA teaches parents to connect with their heritage as they become actively involved in the lives of their families.

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Home visiting program	PSB																						X																											
Homebuilders	PSB		X						X		X										X		X	X																			X							
Incredible Years	PSB							X													X																							X						
Intertribal Cultural Night <sup>11</sup>	PSB																																																	
Linking Generations by Strengthening Relationships <sup>12</sup>	PSB	X																																																
Love and Logic	PSB																					X																												
Methadone Maintenance Therapy *	SA	X	X	X																				X																										
Motherhood is Sacred <sup>13</sup>																																																		

<sup>11</sup> Drumming and craft activities are conducted every Friday in some Alaskan communities during the Cultural Night to promote spiritual awareness, awakening and connection, positive community interaction and connection, increased self-esteem, respect, confidence and identity.

<sup>12</sup> The Alaska Native American Fatherhood and Families Association (NAFFA) created this training program for fathers, mothers and families including foster parents and step parents. Aimed to increase knowledge and skills to assists families by building relationships in the community.

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Motivational Interviewing *** (for SA)	MH, SA	X	X		X						X			X							X		X	X															X <sub>14</sub>			X						
Multi-Systemic Therapy (MST) ***	MH, SA	X	X <sub>15</sub>	X	X			X						X					X		X	X	X	X		X															X <sub>16</sub>	X						
MST-CAN*	MH																																															
Nurse-Family Partnership (NFP) ***	PSB	X		X							X								X		X	X		X		X															X	X						
Nurturing Parent Program (NPP) +	PSB	X	X <sub>17</sub>		X			X			X										X	X		X																								
Parent Mgt Training (PMT)	PSB																							X																								
Parent-Child Interaction Therapy (PCIT) ***	MH	X	X	X	X									X					X		X	X	X	X																		X						
Parenting a Second Time Around	PSB																					X																										
Parents as Teachers (PAT) ***	PSB	X		X	X			X											X			X		X		X																	X		X	X		

<sup>14</sup> Utah may add this intervention through an amendment to their state plan after the FFPSA Clearinghouse rating has been designated.

<sup>15</sup> Arkansas currently uses the Intercept version of MST. They are considering using MST as it is licensed but not currently being provided in the state via Youth Villages.

<sup>16</sup> Virginia does not intend to use MST for child abuse and neglect treatment.

<sup>17</sup> NPP is called *Nurturing Families of Arkansas* in Arkansas. See <https://humanservices.arkansas.gov/about-dhs/dcfs/programs-services> and <https://www.nurturingparenting.com/news/news.i?cmd=view&newsid=63>

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Parenting with Love and Limits (PLL)	PSB	X																																																				
Parents Anonymous	MH				X																																																	
Positive Indian Parenting	PSB	X																																																				
Project Connect	SA				X																																																	
Recovery Coaches (CT Center for Addiction & Recovery (CCAR) certif	SA				X																			X																														
SafeCare	PSB		X <sub>18</sub>	X				X				X							X			X		X																	X <sub>19</sub>			X										
Seeking Safety	SA							X																																	X													
Sobriety Treatment and Recovery Teams (START)	PSB, SA													X					X					X																														
Solution Based Casework	MH							X				X																																										

<sup>18</sup> Arkansas plans to continue to use SafeCare – where 100% of the costs are paid by Medicaid through June 2020.

<sup>19</sup> Utah may add this intervention through an amendment to their state plan after the FFPSA Clearinghouse rating has been designated.

[illegible]

EBP	Service Type	Alaska	Arkansas	Colorado	DC - District of Columbia	Delaware =	Florida	Georgia	Hawaii	Illinois	Indiana	Iowa	Kansas	Kentucky	Louisiana	Maine	Maryland =	Massachusetts	Michigan	Minnesota	Missouri	Montana	Nebraska	Nevada	New Hampshire	New Jersey	New Mexico	New York	North Carolina	North Dakota	Ohio	Oklahoma =	Oregon	Pennsylvania	Rhode Island	South Carolina	South Dakota	Tennessee	Texas	Utah	Vermont	Virginia	Washington State	West Virginia	Wisconsin	Wyoming		
Wraparound and High Fidelity Wraparound	MH, PSB			X																	X																											
Yéil Koow Shaawát (Raven Tail Woman)	MH	X																																														
Youth Villages Intercept	PSB		X																		X																											
Youth Villages Lifeset					X																																											

State Intervention Planning Notes

- **Arkansas:** Most of these EBPs will be implemented in phases.
- **Hawaii:** State leaders will review whatever services are submitted through Clearinghouse current “Call for Services” and will further use those as guideline on how to proceed with Services assessment
- **Kentucky:** Interventions are those that were listed on their submitted FFPSA plan.
- **Nebraska Additional Interventions:** Nebraska did a Request for Qualifications (RFQ) and these are the providers’ proposed models that scored sufficiently but they are in the process of putting out an addendum to notify these providers that based on the Transitional Payments PI, that in order for the state to contract with them they need to provide the information as required in the recent ACYF Program Instruction. Then the plan as of now is to have the consulting group do the independent review of the program. Nebraska will only include the program in their plan if the provider submits the required PI documentation and their independent review supports the program rating, with the exception of Family-Centered Treatment.

<ul style="list-style-type: none"><li>▪ Cognitive Behavior Therapy (CBT)</li><li>▪ Acceptance Commitment Therapy</li><li>▪ Cognitive Processing Therapy</li><li>▪ Eye movement desensitization and reprocessing (EMDR)</li><li>▪ Common Sense Parenting</li></ul>	<ul style="list-style-type: none"><li>▪ Homebuilders</li><li>▪ Motivational Interviewing (MI)</li><li>▪ Child Parent Psychotherapy (CPP)</li><li>▪ Family Centered Treatment (FCT) – NE currently has a contract for this program and it will be included with the transitional payments documentation in their FFPSA plan</li></ul>
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- **New Jersey:** These are interventions that they are already using and have been using prior to FFPSA. Due to Medicaid-related FFPSA guidance released recently, the state is in the process of considering additional models.
- **Virginia:** At this time, VA does not plan to do any technical reviews of evidence-based programming for the state.
- **Washington DC:** Interventions are those that were listed on their FFPSA plan that was just approved by the Children's Bureau.
- **Washington State:** State leaders also have plans to undertake additional Evidentiary Review (as specified in the Transitional Payment PI) and submit an expanded list, hopefully by next Spring. They chose their initial list primarily based on EBPs that they already have contracts for, and have some level of supportive infrastructure in place, in addition to the EBP having been reviewed or under review by the Clearinghouse.